

at the races - saturday, april 21

miami university student foundation triathlon



Miami is a quickly growing university that has gained much recognition over the past few years and is considered one of the best public universities in the country. As an extension of the Alumni Association, the Miami University Student Foundation would like to offer to an invitation to participate in the first ever triathlon held on Miami's campus. All of the proceeds will be donated to student scholarships.



HFP Racing has partnered with the Miami University Student Foundation to present the first annual MUSF Triathlon on April 21, 2007. This exciting triathlon will be a great early season tune-up for those eager to get their triathlon season underway. The course will feature a unique 400 meter serpentine swim in Miami University's 50 meter pool, followed by a challenging 20k bike through downtown Oxford and Butler County. The race finishes with a 5k run that tours the Miami University Campus. All race profits benefit the Miami University Student Foundation.



course map

LOCATION

Miami University Recreation Center
Oxford, Ohio

ENTRY FEES

\$30.00 Individual*
\$85.00 Teams*

(Fees increase \$10.00 on March 10)
Prices reflect online registration ONLY at
www.hfpracing.com.

*USAT MEMBERS - non members add \$9.00

DISTANCES

Swim - 400 meter (Serpentine Pool Swim)
Bike - 20k (12.4 miles)
Run - 5k (3.1 miles)

REGISTRATION

Friday - 4:00pm-10:00pm (MU Rec. Center)

Race Day* 6:00am - 7:30am

*NO RACE DAY REGISTRATION

Packet Pickup ONLY

AWARDS

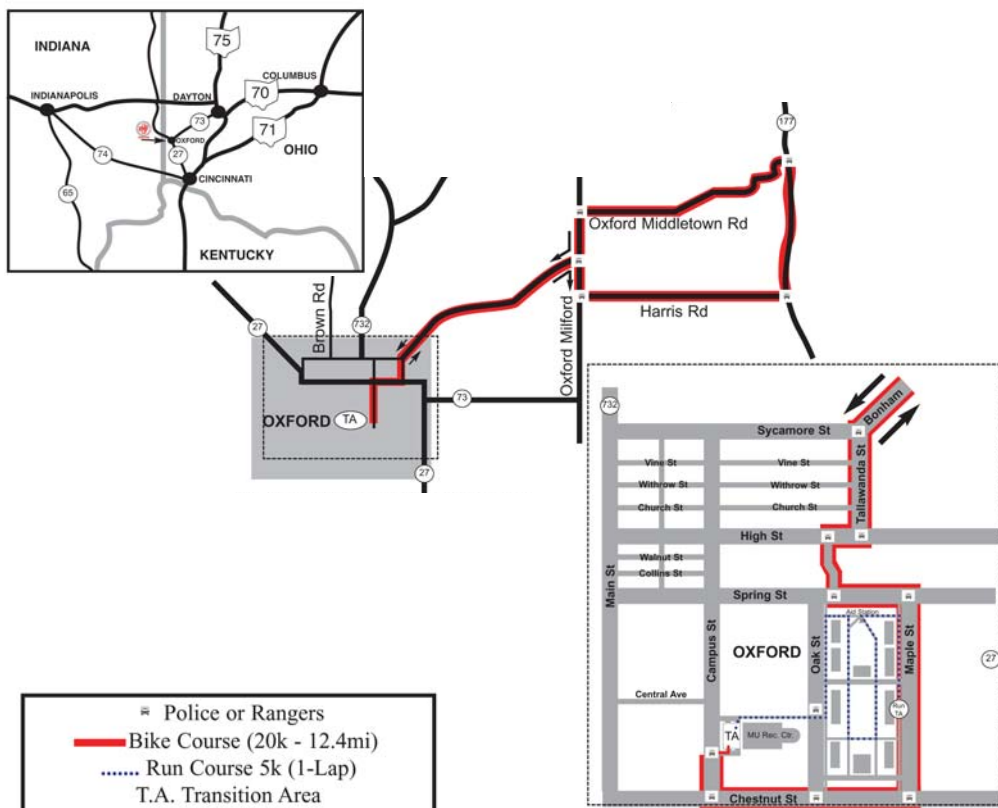
Top five overall and top three in all divisions
will receive custom made awards.

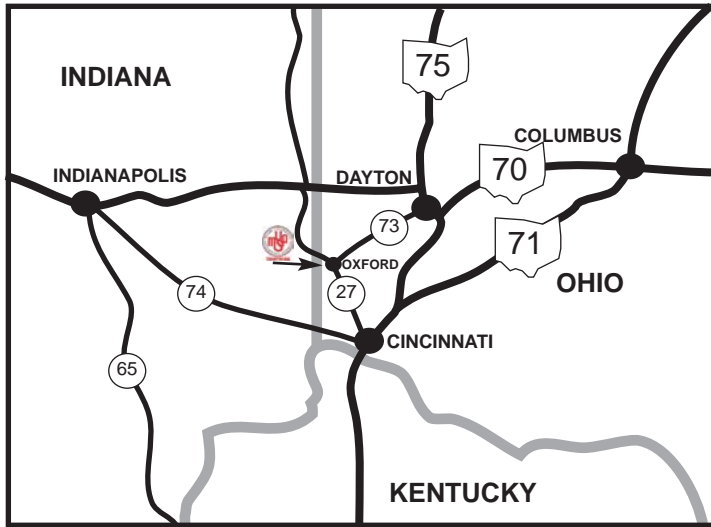
RACE PACKET

All pre-registered participants will receive an
official race t-shirt, water bottle, post race
food and beverages and much more.

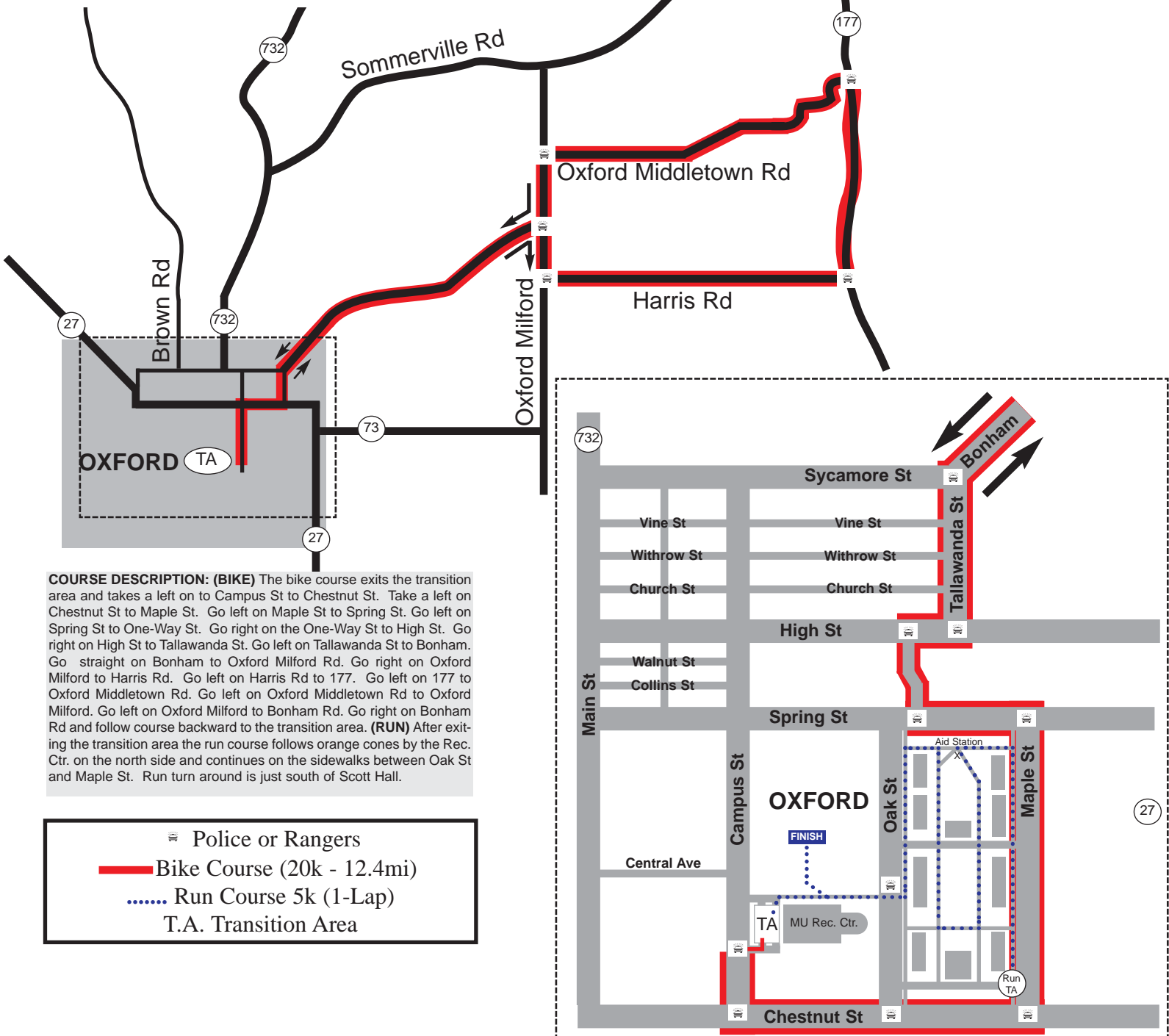
START TIMES

You will be seeded based on your estimated
400 meter swim time. Start times are every
five seconds from the pool deck. You may
use the starting block. The course is eight 50
meter lengths swam in a serpentine direction.
Swimmers will swim down, then swim
under the lane line and come back in the lane
next to them and so forth until all eight
lengths have been completed. Locker rooms
will be open for showers and changing.





400m Swim - 20k Bike - 5k Run
SATURDAY - April 21, 2007



COURSE DESCRIPTION: (BIKE) The bike course exits the transition area and takes a left on to Campus St to Chestnut St. Take a left on Chestnut St to Maple St. Go left on Maple St to Spring St. Go left on Spring St to One-Way St. Go right on the One-Way St to High St. Go right on High St to Tallawanda St. Go left on Tallawanda St to Bonham. Go straight on Bonham to Oxford Milford Rd. Go right on Oxford Milford to Harris Rd. Go left on Harris Rd to 177. Go left on 177 to Oxford Middletown Rd. Go left on Oxford Middletown Rd to Oxford Milford. Go left on Oxford Milford to Bonham Rd. Go right on Bonham Rd and follow course backward to the transition area. **(RUN)** After exiting the transition area the run course follows orange cones by the Rec. Ctr. on the north side and continues on the sidewalks between Oak St and Maple St. Run turn around is just south of Scott Hall.

	Police or Rangers
	Bike Course (20k - 12.4mi)
	Run Course 5k (1-Lap)
	T.A. Transition Area